



## **A Personal Note from Single Steps Strategies Founder Mary Grace Musuneggi**

### **Make the New Year Your Best Ever**

He delivered the mail to our office for over three years. We saw him almost every day. He was funny, kind and always pleasant. When we gave him a Christmas gift, we found a thank you note in our mail the very next day. He was always grateful. And when he would carry our mail directly to our desks because there was too much of it to fit in our company mailbox, we were grateful, too.

We didn't know much about him, but our mail told him a lot about us. He knew who we do business with, what bills we have, what magazines we read, what companies we communicate with, and who our clients are.

He was part of our lives for a brief time. Then one afternoon, he went home from work complaining of a severe headache. By evening the pain had grown so much worse that he went to the hospital emergency room. Within hours, tests determined that he had a brain tumor. Surgery was immediate; and sometime during the night he passed away.

At the shock of hearing that this 42 year old man, who had touched the peripheral of our lives, had died; I was overcome with thinking what his thoughts might have been that day? What would he had done differently if he knew his life would be this short?

Having lost a spouse at the age of 25, I knew what his friends and family would be thinking? How could this happen? Why did it happen? What could have been done differently? What if we had done this? What if we had done that? "If" and "Why" questions abound? There will be no answers now. There will be none 30 years from now.

When we hear stories like these we respond with "You never know." Or "Life's too short". And yet our response should be "Carpe Diem....Seize the Day". These stories are a reminder that this moment, this day, this time is all any of us really have. It is all any of us can be sure of.

We are entering a New Year with the possibility of 365 days. Every one of them is a gift. Every one of them is opened to being filled with your personal dreams, ambitions, and desires. Make everyone of them special so that this year will be your best yet.

Plan to make this a year of days that are all you want them to be. Enjoy them! Delight in them! Seize them! Because after all; life's too short. And you never know.

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